# Inflight Magazine for Pacific Coastal **Airlines** Trawling for history Richmond's historic **Steveston** It's wine o'clock The Cowichan Valley wine **Cariboo crossing** industry is trending up Sights, eats and warm hospitality

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Nootka Sound Shellfish Tenure: Intertidal beachfront tenure actively farmed for over 20 years, in the protected waters of Plumper Harbour in Nootka Sound, off the west coast of Vancouver Island. The farm grows both oysters and clams. This is a productive, straight-forward shellfish farm site, with current stock and limited equipment (predation nets) required.





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Kendrick Inlet Clam Tenure: Productive clam tenure in Nootka Sound, west coast Vancouver Island. 13.5 acre shellfish farm on an undeveloped beach. The ground is excellent for clam growing, mainly small pebbles, mud and sand mixed. The lease is current to 2029 and is in close proximity to another offering which is approximately 2 nautical miles to the south. \$160,000







Hidden Cove Lodge: 8 acre eco-resort on the shores of Johnstone Strait on northern Vancouver Island. The property offers several types of accommodations, from lodge rooms to cabins and oceanfront suites. The main lodge offers rooms as well as a lounge, dining area, boardroom and den/library. The road-access resort is completely off-grid and has an excellent power system in place. A spectacular location, breath-taking scenery, well-equipped facilities and access to local services make this a great opportunity. \$3,450,000

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## Pacific Coastal

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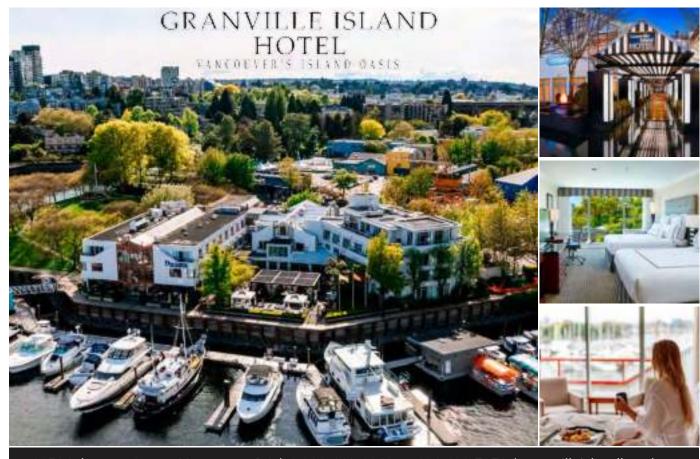
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## **GROWTH AND A NEW MOBILE APP**

PRESIDENT'S MESSAGE



hank you to all our passengers who chose to fly with us this summer—it was great to have you on board! It was a busy summer as passengers are eager to travel again.

There have certainly been some challenges as the industry begins to grow back after being virtually shut down in 2020. We sincerely appreciate your patience and understanding as we address and respond the best we can.

Our business continues to grow and we are actively recruiting employees with many opportunities available. If you know of someone who is interested to join the aviation and travel industry, please have them view our current job listings on our website at pacificcoastal.com/careers.

At Pacific Coastal Airlines, we honour our motto of People Friendly, People First. We encourage a positive, caring workplace and put a high value on collaboration, accountability and loyalty. We are inclusive and respectful, and we have a friendly corporate culture. We are very proud to give back and to support the communities that we serve.

We recently announced the launch of our first version of our mobile app, which is now available on the App Store and Google Play. You can download the app and learn more on our website at pacificcoastal.com/mobile-app.

It's a special year for us as we celebrate our 35-year anniversary. It's been a pleasure to see this business grow to over 400 employees, providing service to 24 airports across BC and Alberta, and connecting to additional destinations along the south coast of British Columbia through our affiliate airline Wilderness Seaplanes, located in Port Hardy on northern Vancouver Island. We are also proud to operate flights on behalf of WestJet through a Capacity Purchase Agreement (CPA). WestJet Link was created to connect smaller cities in British Columbia and Alberta with WestJet's domestic hub at the Calgary International Airport (YYC).

If you are a returning passenger or a new passenger, thank you again for choosing to fly with us! 📉



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## **New walking tour** app launched in **Fernie**

Visitors to Fernie can now enjoy curated, self-guided walking tours of the town, thanks to a new smartphone app released by Tourism Fernie.

The Iconic Fernie app allows visitors to pick a tour, which includes tours of the town's historic buildings, artistic offerings, family-friendly fun, local food and drink, views for the perfect Instagram snap and nature.

"We're really excited to launch this app," said Jikke Gyorki, executive officer for Tourism Fernie.

"The idea started before COVID-19 hit to create a self-guided tour app to enrich a visitor's experience in our community, to encourage a greater knowledge and appreciation of everything Fernie, to encourage shoulder season visitation, visitor dis-



The Iconic Fernie app is free from the Apple App Store and Google Play. (Image courtesy of Tourism Fernie)

persion and shopping local. We plan to expand our current six themed tours into more."

According to Tourism Fernie, the app is an evolution of the Heritage Walking Tour, providing more information in an easier-to-access way: on peoples' own phones.

The app can be downloaded for free from the Apple App Store and Google Play. For more information visit:

iconicfernie.com.

## Mass timber used in Kelowna airport expansion

People travelling through the Kelowna International Airport (YLW) will benefit from an expansion and upgrade of the terminal, which will use mass timber through BC's Mass Timber Demonstration Program.

The Airport Terminal Building Expansion project is anticipated to break ground in 2023 and will receive funding through the program, which has supported the advancement of mass timber in several projects throughout the province.

"I'm thrilled to see that the terminal expansion will use mass timber, showcasing the versatility and design capabilities of BC lumber, while also contributing to the local economy. As YLW is the gateway to the Okanagan, the choice to use



## **MEET A PACIFIC COASTAL EMPLOYEE: TYLER**



**Position:** Beechcraft 1900 First Officer

Location: Victoria Time with PASCO: 3 years

**Job description:** *To ensure the safety* and efficient operation of Pacific Coastal Beechcraft 1900s in conjunction with our captain, as well as to assist passengers in any way I can to the highest level of service possible.

#### Where were you born and where did you grow up?

Born and raised in Hong Kong before moving back to Canada in 2005.

#### What path did you take to get to this job?

I started flying when I was 16 and went on to the University of Western Ontario's commercial aviation program. I was hired as a ground agent with Pacific Coastal in 2019 and, by flying Skydivers, I got enough flight experience to be hired into my current position.

#### What do you like best about this iob?

The gorgeous routes and destinations that I get to fly to every day with amazing staff and friends.

#### What are your hobbies outside of the job?

If you're looking for me outside of work, I'll be playing some sport, like golf, rugby, baseball, football or hockey!

#### AROUND BC

mass timber is an important decision to highlight the characteristics reflective of the region," said Sam Samaddar, airport director, Kelowna International Airport.

Katrine Conroy, Minister of Forests, said, "Growing BC's mass timber sector is a key part of our government's vision for the future of forestry—a future where we get more value from every tree harvested. It's great to see that mass timber will be a key feature in Kelowna International Airport's expansion project and shows BC continues to lead the way on mass timber."

The airport will receive \$500,000 to help with costs associated with the use of mass timber, as well as the creation of a digital construction twin, advanced fire modelling and life-cycle assessment of building materials. The use of prefabricated mass-timber panels will reduce construction time and will result in less construction traffic to the site. Canada's 10th largest airport will remain open and fully operational throughout the nearly 8,000-squaremetre expansion.



Annual tournament returns. Photo by Jeremy Koreski

Tofino Resort + Marina has announced the fourth annual Fish for the Future Tournament, set to run September 23 to 25.

Founded soon after the resort opened in 2017, this important initiative brings critical awareness to the state of wild salmon stocks, while raising much-needed funds for the conservation and protection of the Clayoguot Sound watershed. It's also a lot of fun!

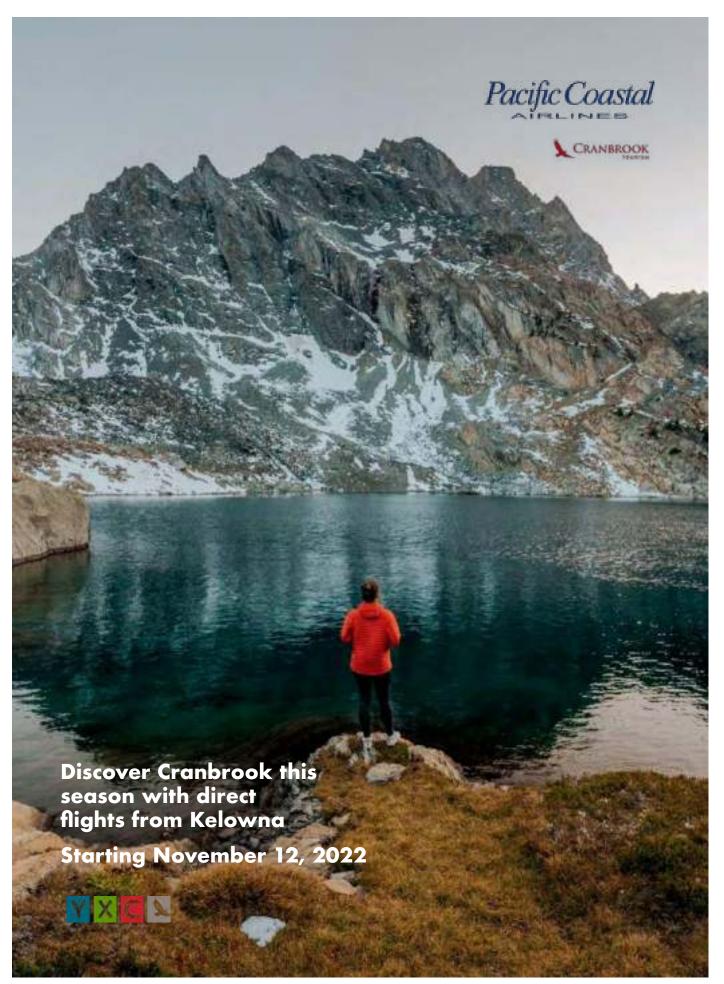
The Fish for the Future Tournament is a family friendly, catch-and-release fishing tournament that has become an annual tradition for many. The event program includes live music, courtyard festivities, a silent auction, music bingo and an awards ceremony with amazing prizes. One hundred per cent of funds raised are committed to the Clayoquot Sound Biosphere Trust, a registered charity that supports a number of programs dedicated to restoration, enhancement, research and more.

Since the fund's inception in 2019, Fish

for the Future has raised over \$400,000 and granted over \$100,000 to help aid salmon projects.

"Wild salmon are essential to our coastal ecosystem, they connect and feed the ocean and forest and provide our food security as British Columbians," says Willie Mitchell, tournament founder and Tofino Resort + Marina co-owner and managing partner. "Our event draws families and the fishing community together to raise funds to ensure healthy wild salmon stocks for future generations. Fish for the Future is now more than a tournament; it's a year-round conservation initiative for the waters we live beside, and make a living from. When you love your backyard as much as we do, you do what you can to protect it."

Participation in the Fish for the Future Tournament is priced at \$105 per person (kids under 12 are free) to register online and find out more visit tofinoresortandmarina.com/fish-for-the-future-event.







## **EXPERIENCE**





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lanning a trip during the crisp, less-crowded season of autumn unveils one of the best times for hiking, biking and other outdoor pursuits, including all the flavours of the fall harvest. As the heat of the summer season subsides and the crowds decrease, it's the perfect time to visit the Comox Valley. Here's our guide to enjoying the fall season before winter sets in.

## Hike

Whether you choose to head up to Mount Washington or to flock to nearby parks and waterfront pathways, you'll be a short drive from some of the best trails that the Comox Valley has to offer.

The temperature is perfect, the leaves are changing and the views of the majestic mountains and tree-lined paths are clear. From intense multi-day hikes to leisurely walks, there is something for all skill levels.

Some of our favourites include: Paradise Meadows in Strathcona Provincial Park, Seal Bay Regional Nature Park, Nymph Falls Nature Park, Cumberland Community Forest and the Courtenay Airpark.

#### Bike

Make the most of this transitional season from your bike! Whether you're a road cyclist, a gravel rider, a mountain biker or all of the above, you'll be well covered here.

Nestled in the foothills of the Beaufort Mountains, the town

of Cumberland is the epicentre of mountain biking on Vancouver Island. With more than 80 kilometres of the island's most legendary singletrack, it's a great place for seasoned riders and newcomers to the sport. Opt for a guided tour where you can cruise the scenic coastal routes that take you through communities, close to waterfalls and even to nearby islands.

Or choose a self-guided adventure in farm country along the One Spot Trail. This trail has three separate completed sections, taking you along the former railway grade of the Comox Logging & Railway Company.

## **Golf**

Don't put away your clubs just because summer's gone! The Comox Valley and surrounding areas have nine golf courses, six of which are open year-round. Play a round at the award-winning, platinum-rated golf course at Crown Isle Resort; extend your visit by staying on site in one of their villas located along the fairway. The Comox Golf Club is a championship nine-hole golf course located in the heart of Comox and is open year-round, featuring beautifully maintained greens and offering both challenge and reward for all levels.

Mulligans Golf Course is also in superb condition year-round, and the course, which provides a challenge for golfers of all calibres, is known as "the friendliest little course In the Valley."

### **Paddle**

Some of the most serene paddling conditions can be found



throughout the fall in the Comox Valley. If you're a passionate sea kayaker, a complete beginner or if you're looking for a unique, multi-day adventure, discover the range of water trails with a friend or go with a guide! Comox Valley Kayaks & Canoes carries various kayaks, canoes, stand-up paddle boards and gear to rent, or you can sign up for a guided tour.

#### **Fish**

Enjoy spectacular freshwater and saltwater fishing paired with incredible scenery! Hire a professional, fully certified guide to help you throw in a line for various fish species, as well as shellfish like crab and prawns. Expect to encounter views of coastal mountains, wildlife, sweeping seascapes and a tug on the line during your time on the water.

## Family fun

The fall is a great time to travel with the kids: autumnthemed activities, fewer crowds and a slight chill in the air make the season magical. There are lots of festivals and events to celebrate the season with fun activities for the whole family to enjoy. Disc golf (also known as frisbee golf) is a great way to include the family on a walk through the forest. There are four disc golf courses to choose from, including Village Park Disc Golf Course in Comox and the Coal Creek Historic Park in Cumberland.

## Farmers' market

The Comox Valley Farmers' Market is a year-round gathering place that supports a community of growers.

What better season for home cooks to perfect those hearty seasonal dishes? At the market, you can pick up everything from fresh farm produce to locally produced food items and a variety of meats. Arrive hungry: treats like fresh baked goods and warm drinks await you. The vendors move indoors to the Native Sons Hall at 360 Cliffe Avenue in Courtenay between mid-October and April.

#### Where to eat and drink

Savour the selection of the valley's many great food offerings, available everywhere from food trucks to fine-dining

Warm up with a bowl of authentic Japanese ramen at Nikkei Ramen-ya, feast on superb ingredients at Il Falcone, which is a favourite among locals and visitors, taste bold wines at 40 Knots Winery or savour award-winning dishes at the Tidal Cafe. Still have room on your "to-do" list? Pick up a famous cronut at Cumberland's 100-plus-year-old Village Bakery; treat yourself to a spa treatment paired with a Pacific Mist Hydropath at Kingfisher Oceanside Resort & Spa; get a head start on your holiday shopping by strolling the main streets in Cumberland, Courtenay and Comox to find the perfect gifts; or relax at the European-style sauna house at The Lost Faucet.

The Comox Valley hits all of the highlights with outdoor activities, wineries, shopping and mouth-watering cuisine all that's left to do is pack your bags!



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# It's wine o'clock in the Cowichan Valley

## With its award-winning wines and new sub-GI status, this wine region is trending up



Averill Creek Vineyard.

By Laura Langston Photos by Don Denton

riving through the Cowichan Valley on a hot summer day, it's easy to understand why this picturesque wine-growing region was originally named The Warm Lands by Indigenous peoples. In truth, the Cowichan Valley is classed as a cool climate region, but it has a long growing season that's ideal for grape cultiva-

"Our strength is our climate," says Bailey Williamson, winemaker at Blue Grouse Estate Winery, where some of the oldest vines on Vancouver Island can be found. "That shift from cool nights to warm days gives our grapes a natural acidity that ages wine well and helps it pair beautifully with food."

That's one of the advantages of the Cowichan Valley wine region; there's a wine for virtually every course. Over a dozen regional wineries are producing award-winning wines—everything from sparkling wines and roses to Ortegas, Pinot Gris, Pinot Noirs and rich, hybrid reds—which are eagerly consumed and often sell out. And that demand will only continue to grow since the Cowichan Valley was recently granted sub-GI status. A sub-geographical indication is an official and protected term used to help people identify local wine origins. Wines labelled with this new sub-GI indicator let consumers know that the wine was made with at least 95 per cent grapes grown in Cowichan. It's the first such designation in BC outside of the Okanagan.

"The designation means we have a map and a delineated area for production—and that's a fundamental key to establishing a wine region," explains Chris Turyk, director of sales and marketing for Unsworth Vineyards.

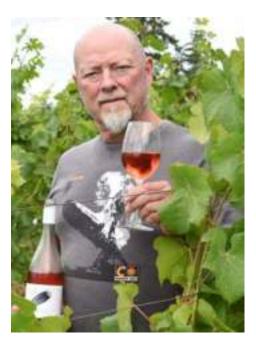
"We're heading in the right direction," he adds. "We're trending up."



The view over the vineyards at Blue Grouse Estate Winery.

That sentiment is echoed by the folks at Zanatta Winery.

"The sub-GI designation gives the industry the credentials it deserves," says Jim Moody, winemaker and co-owner of Zanatta, "and it publicly identifies



Blue Grouse winemaker Bailey Williamson.

"The growing power the valley has is unbelievable. We have great soil, great growing conditions and fantastic winemakers here in the valley. We're vibrant, and we're growing."

the Cowichan Valley as distinct from anywhere in the world."

Dennis Zanatta—the father of current co-owner Loretta Zanatta was largely responsible for pioneering the wine industry on Vancouver Island. In the early 1980s, Dennis volunteered an acre of his Glenora farm to the BC Land Commission as a test site for grapes. Known as The Duncan Project, it tested more than 100 varieties before the BC government withdrew funding. However, Zanatta carried on, officially opening the family winery in 1992 and selling Vancouver Island's first sparkling wine, Glenora Fantasia, a traditionally crafted and aged bubbly with a bouquet of green apples. Now celebrating 30 years in business, Zanatta is recognized as one of Canada's premium producers of sparkling wines. The winery's elegant Tradizionale Brut, known for its rich, toasty notes and delicate bubbles, recently won gold at the National Wine Awards of Canada.

Over time and seeing a gap in the sparkling market, Unsworth Vineyards and Averill Creek Vineyard joined up to create Charme de l'Ile, a vibrant blend of mainly Pinot Gris and Pinot Noir grapes that's made in the Charmat method of sparkling wine production.

"Charme de l'Ile is fruit-forward and refreshing with ample flavour," says Kali Philp, sales and marketing manager for Averill Creek. "It's an easy-going wine that's meant to be enjoyed young."

The market is trending toward lighter and lower-alcohol wines, which Chris at Unsworth says plays



Chris Turyk at Unsworth Vineyard.

well to the strengths of the Cowichan Valley.

"You won't find heavy, hot climate, oak-driven wines produced here because the grape sugars don't accumulate as they do elsewhere," he says. "At Unsworth, we're making lighter, fresher, more vibrant styles of wines that are often more mineraldriven."

A consistent seller at multiple wineries and one that often garners awards is zesty Pinot Gris, which pairs well with fresh vegetables, fish and shellfish, and lighter meals generally. Another island white that's growing in popularity is Ortega.

"We make great Ortega," says Bailey at Blue Grouse.

His comment is echoed by Lorin Inglis, general manager of Enrico Winery.

"Ortega is still an underrated grape," Lorin says. "And I think it could be the signature grape of the island."

Enrico's award-winning Ortega is their number-one seller. It's clean and crisp with a light floral note and fruity flavour, making it a great patio sipper. Another award winner from Enrico is its Red Dragon rosé, a refreshing and smooth wine with hints of strawberries that won gold at the BC Lieutenant Governor's Wine Awards in 2021.

Any discussion of Cowichan Valley

wines would be remiss if it didn't mention Pinot Noir, which is becoming something of a signature grape for the region. Increasingly prized locally as well as further afield, a number of wineries, including Blue Grouse, Unsworth and Averill Creek, have won awards for their Pinot Noirs.

The valley's rich, gravelly soil combined with just the right climate makes the area a natural fit for growing the notoriously tricky Pinot Noir grape. Pinots from Cowichan are more

Burgundian in style but with a definitive nod to "place."

"There's no question our pinots are more delicate here," Chris says. "They taste of those young, first-of-theseason cherries, but there's always an undercurrent of a coastal forest note that sets us apart from any other growing region."

So, what's new for the Cowichan Valley region, and what can consumers expect in the future? More consistently good wines with even more variety. The folks at Enrico Winery are experimenting with hybrid grapes, which Lorin believes have a lot of potential because they're relatively disease-resistant and are bred specifically with the valley climate in mind. Enrico's herbaceous and earthy Braveheart Cabernet Libre, which is a cross between Pinot Noir and Cabernet Sauvignon, is an award winner, as is their white Petit Milo, which is made from an early ripening hybrid pink grape.

Jim, Chris and Bailey all say the Cowichan Valley wine region is at an exciting point in its evolution, and Lorin agrees, saying, "I compare it to a sixfoot step ladder—we're barely off the ground. The growing power the valley has is unbelievable. We have great soil, great growing conditions and fantastic winemakers here in the valley. We're vibrant, and we're growing."



Tasting room at Blue Grouse Estate Winery.



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## Lake Cowichan a friendly Village for outdoor enthusiasts



**About 20 minutes west of** Duncan along Highway 18, Lake Cowichan is a picturesque community popular with summer swimmers, boaters, campers and outdoor enthusiasts.

Visitors will love the friendly village atmosphere, while finding all the amenities they need to enjoy their stay, including shopping, dining, accommodations and camping, along with a recreation centre and the award-winning Kaatza Station Museum & Archives.

In addition to water activities on the large lake, the Cowichan River is also popular with anglers and for leisurely summer tubing.

The region also includes the communities of Youbou, Caycuse, Honeymoon Bay and Mesachie Lake and connects via the Pacific Marine Circle Route to Port Renfrew, Sooke and Victoria's West Shore communities.









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Heloise Dixon-Warren and Ted Traer of Moose Meadows Farm have been producing birch syrup since 2006. Rebecca Dyok photo

# Cariboo crossing

By Jennifer Blyth, westcoasttraveller.com

Sights, eats and warm hospitality add up to a welcoming long-weekend adventure

n extended long-weekend jaunt to the Cariboo isn't always top of mind for those in southwestern British Columbia, but a recent getaway has me thinking that it should be—for the beautiful vistas, heritage sites and outdoor adventures, certainly, but also for the warm hospitality that awaits.

The base for our weekend explorations, Moose Meadows Farm, is a B&B and working farm in Bouchie Lake, about 15 minutes outside Quesnel, and a 90-minute drive from the Pacific Coastal Airlines destination of Williams Lake.

The home of Ted Traer and Heloise Dixon-Warren, Moose Meadows Farm is at once a relaxing country getaway for visitors and a year-round hive of activity. In the spring, Ted works tirelessly sugaring off his birch syrup, shearing his alpacas and tending crops of raspberries, haskap, Saskatoon and currant berries, plus flavourful garlic, among other delights. Fall at the farm brings a furious assembly of holiday wreaths, swags and centrepieces, hand-crafted and shipped across North America. Year-round—and a true delight for farm guests—are the animals, including horses, alpacas, sheep, a rooster and hen,















Exploring Moose Meadows Farm. Jen Blyth photos

and a delightful trio of inseparable donkevs.

But back to the hospitality. With warm smiles and Heloise's wonderfully contagious laugh, the two welcomed us to their pastoral, 65-acre property of gently sloping fields dotted with evergreens, cottonwoods and birch.

In the middle of the various paddocks was our "home-awayfrom-home" for the weekend, a brand new "glamping" tent of sturdy canvas atop a raised wood floor, outfitted with a comfy custom-built bed and a front porch, an ideal spot to sip our morning coffee.

Additional accommodation is available in "the Groom's Ouarters," a beautifully furnished suite above the barn. While there's no running water, other amenities such as wifi are readily available and both accommodations are served by two impeccable (truly!) outhouses. The second day took us 80 kilometres east to the Barkerville National Historic Site itself, located about 75 minutes from Bouchie Lake, along a picturesque drive winding through forest, lakes and wetlands.

A well-appointed picnic shelter is located adjacent to Cattail Pond home to a muskrat family—and "The Back 40" is an outdoor, wood-fired sauna that's also available to overnight guests for a small fee.

## **Exploring Quesnel**

Morning sunlight roused us from a regenerative sleep, coaxing us out to the porch to plan the day's adventures.

Savouring the first warm weekend of the season, we enjoyed a stroll along Quesnel's picturesque Riverfront Trail. The city is positioned at the confluence of the Fraser and Quesnel rivers and the trail is a great way to explore. Now more than 12 kilometres long, the trail starts from "kilometre 0" at what was renamed Lhtako Dene Park this past National Indigenous Peoples Day. Here, you can even cross over the mighty Fraser via a pedestrian bridge for a unique view of the iconic British Columbia waterway.

Beyond its riverfront location, Quesnel is an historic city, first, the home of the Lhtako Dene people. Settled first by fur traders from the east in the 1820s, the Cariboo Gold Rush of 1862 brought prospectors and fortune seekers, a legacy reflected today in many of the region's historic buildings and long-standing events, including July's Billy Barker



Barkerville Brewing; downtown Quesnel; Bouchie Lake Country Store; en route to the Cariboo; enjoying a Barkerville brew in Barkerville. Jen Blyth photos

Days. A self-guided walking tour of downtown Quesnel sites highlights key points in the city's past.

Our own explorations eventually led to Barkerville Brewing, the city's only craft brewery and part of the Northeast BC Ale Trail. Named for the historic town of Barkerville, BC—and the aforementioned William "Billy" Barker—this award-winning brewery pours a selection of core beers and seasonal offerings from its inviting tasting room. With names like Big Strike IPA, 18 Karat Ale and Sluice Juice Hazy Pale Ale, there's lots on offer via a pint or a flight inside at their custom-built Timber Kings table, or outside on the sunny patio, perfectly positioned to soak in spectacular sunsets.

Various non-alcoholic options are also available, and the food menu ranges from light snacks to heartier options including local,

artisanal pizza from Red Tomato Pies. Children are welcome, accompanied by an adult.

#### **History on display**

Inspired by the story-rich brewery and a love of BC history, the second day took us 80 kilometres east to the Barkerville National Historic Site itself, located about 75 minutes from Bouchie Lake, along a picturesque drive winding through forest, lakes and wetlands.

Stop at Jack of Clubs Lake to stretch your legs (beautiful, but bug repellent is recommended in summer!) or continue on to the small community of Wells. Here, colourful buildings host eateries, artisans and services for locals and visitors on their way to Troll Ski Resort, Barkerville or Bowron Lake Provincial Park, where a 116-kilometre canoe circuit features a chain of lakes, waterways and connecting portages. Wells is also home to the only gas station along the route once you leave Quesnel, so be prepared.

From Wells, it's just a few minutes to Barkerville. Arriving in the last week of June, the summer crowds had yet to arrive, but the largest living-history museum in western North America still offered numerous interactive opportunities.

Founded in 1862, with Billy Barker's gold discovery, the town grew quickly before burning to the ground in 1868, when it was re-built almost immediately. Today, beyond strolling the elevated boardwalks and browsing numerous displays, visitors can also chat with actors depicting some of the many unique characters who made their home here.

Pondering the Cornish waterwheel and flume, we were greeted by the "chief engineer" who shared

the history and how-to of the essential mining tool. At the Cameron & Ames Blacksmith Shop, we watched as the blacksmith worked hot metal into useful fire pokers and other tools.

By the mid-1880s, Chinese residents made up half of the Cariboo region's population, a history reflected in Barkerville's Chinatown, "home to the oldest Chee Kung Tong building in Canada and the most extensive collection of Chinese buildings, photographs and artifacts in North America"

With the town's location on the shared ancestral territories of the Dakelh and Secwépemc Peoples, we were also keen to learn more of the region's Indigenous history from Mike Retasket, a storyteller, traditional pipe carrier, dancer, drummer and singer, and Cheryl Chapman, who at Barkerville plays her great-grandmother, Lucie Sellars, born at Xat'sull (Soda Creek) in 1867. Chapman and Retasket share stories of the many Indigenous groups (mainly Secwépemc and Carrier) who lived and traded at Barkerville, as well as modern truths about their culture.

Those visiting Barkerville through summer can explore deeper with everything from Victorian schoolhouse lessons and guided town tours to Barkerville cemetery tours and Chinese cultural sessions. How did miners spend their downtime? Enjoy an hour of music, comedy and fun with daily shows at Theatre Royal.

Barkerville's buildings are also home to a variety of shops, services and restaurants—stop for lunch at the Wake Up Jake, sip a beverage from Barkerville Brewing at the House Hotel Saloon, purchase delicious, freshbaked sourdough from Goldfield Bakery or explore the unique offerings at Kwong Sang Win Chinese Store. (And yes, you can actually stay at the park as well, with several B&Bs and cottages available to rent.)

Back at Moose Meadows, we returned "home" in time for a casual dinner enjoyed with good company around the campfire and a well-earned sleep after the day's adventures. And while we may not have seen any moose at the meadows, the farm's alpacas waited politely outside the tent door to bid us farewell the next morning.M

#### If you go:

- Moose Meadows Farm: Learn more by calling 250-249-5329 or online at moosemeadowsfarm.ca. You can also stay up to date with all the farm activities on Facebook.
- Barkerville Brewing: Visit in downtown Quesnel at 185 Davie St., call 1-778-414-2739 or see online at barkervillebeer.com.
- Barkerville National Historic Site: The National Historic Site is located 81 kilometres east of Quesnel, at the end of Highway 26. Call 1-888-994-3332 or visit online at barkerville.ca.

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## **Development of Mxi4p (Cedar) Trail**

ourism Rossland recently announced development of the Mxi4p Trail, which opened this summer and involved expansion of the 200-kilometre singletrack trail network.

Named in consultation with representatives of the Sinixt, Mxi4p means "cedar" in their traditional language and speaks to the towering cedars that mark the beginning of the trail.

"As you walk the beginning of this trail, the trees can begin feeling you, feeling that you have some love in your heart," said Sinixt Elder and Matriarch Marilyn James. "This place is beautiful; it's easy to love because it is so beautiful."

The creation of the trail was done in such a way as to protect the trees and the land it was built on. Where conventional trailbuilding methods may dig down, this trail was created by building on top of the tree roots so as not to disturb them.

The old-growth cedar canopy of the trail offers a lush backdrop for a mountain bike ride or calming walk through the forest.

"We worked with the contractor to modify trail construction techniques to protect the trees," said Stewart Spooner, operations manager with the Kootenay Columbia Trails Society and a Rossland city counsellor. "We're trying to highlight these beautiful old-growth trees, and to protect the root system. We built the trail up and over the roots rather than digging down and potentially harming them."

The old-growth cedar canopy of the trail offers a lush backdrop for a mountain bike ride or calming walk through the forest.

The vision for this trail was to complete an 18-kilometre route connecting Rossland through to the IMBA Epic Seven Summits trailhead. The 3.25-kilometre lower section of trail was roughed in by the end of 2021 and was ready to ride early this summer.

The new upper 7.8-kilometre section of trail, finishing at the Seven Summits trailhead, was a major construction focus for the Kootenay Columbia Trails Society.

One of the stunning features of the trail is the gateway at the start created by Rossland artist Lars Baggenstos. The gateway marks the unofficial start of the trail and is a beautiful work of art created from cedar to represent the soft, yet enduring, nature of the forest around you.

Rossland is located in the beautiful Kootenay Rockies Region of British Columbia, near the Pacific Coastal Airlines destination of Trail. Located on the so-called Powder Highway, Rossland is home to Red Mountain Resort and Big Red Cats, the world's largest cat skiing operation, and it offers both summer and winter experiences.

For more information visit: tourismrossland.com.



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#### **RICHMOND**



## Richmond's historic Steveston

By Hans Tammemagi

n the boardwalk at Fisherman's Wharf at Steveston, where the rich Fraser delta meets the Pacific Ocean, I inhale the smell of saltwater mingling with salmon, spring prawns and octopus being sold direct from boats. I also feel a deep sense of history.

In the late 1890s, 17 canneries lined the Steveston shore and square-rigged sailing ships carried millions of cans of salmon around the world. During the fishing season the population ballooned from 400 to 10,000, transforming the town into one of the wildest in western North America. In 1905, Steveston was a

warren of gambling houses, saloons, opium dens and an incongruous opera house.

Located in Richmond, just a 13-minute drive from the Pacific Coastal Airlines' hub at Vancouver International Airport's South Terminal, this quaint little seaside neighbourhood is definitely worth a visit.

To savour the area's rich past, I joined the Steveston Heritage Experience tour at the Seine Net Loft of the Britannia Heritage Shipyard, a National Historic Site consisting of 14 restored buildings. A guide wearing a 1914 costume showed us the Murakami boatworks, First Nations and Chinese bunk houses and boats under restoration. Sipping tea in a rudimentary bunkhouse, we learned how Japanese "picture" brides arrived to marry Japanese fishermen they'd never met before.

At Steveston Tram 1220, known as the Sockeye Special, we munched on popcorn as the conductor explained how electrified trams ran to Vancouver from 1902 until 1958.

After touring the Steveston Museum we entered the Strait of Georgia Cannery, another National Historic Site, built in 1894, the largest cannery in the area. The guide led us along the cutting and packing line, describing the long hours, child labour and poor safety. A scream of pain often



resounded as a finger was chopped off by a sharp knife, followed by frantic searching for the severed digit before it got canned.

During World War II, Japanese people in British Columbia, including all 2,600 in Steveston, about twothirds of the town's population, were forcibly moved inland. Hundreds of fishing boats were confiscated and overnight Steveston became like a ghost town.

In 1949, the Japanese-Canadians were allowed to return and slowly Steveston was rebuilt. Salmon catches grew and by the 1960s the good times had returned. In the 1990s, however, salmon stocks dwindled and increased mechanization led to canneries consolidating. The last cannery closed in 1997.

But Steveston bounced back again. Today, the fishing fleet, even reduced to 600 boats, is Canada's largest, and the tourist trade is booming due in large part to the town's rich history.

During the fishing season the population ballooned from 400 to 10,000, transforming the town into one of the wildest in western North America.



#### **RICHMOND**

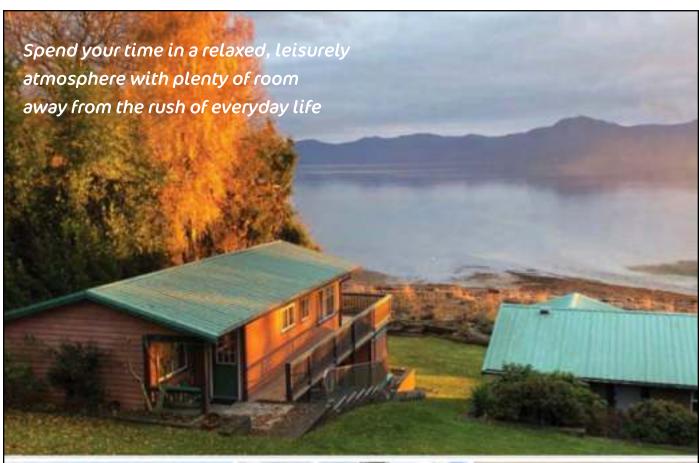


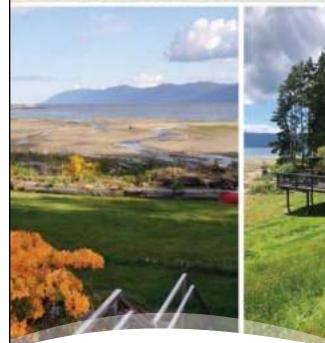
**Eat:** Britannia Brewing Steveston is an "upbeat" and "hip new vibe" restaurant in the heart of Steveston village. Owned by Britannia Brewing Company, it proudly features fine local food, especially seafood, along with its own craft ales. The halibut and seafood pie, the clam chowder or a plate of Britannia beer-battered chips and fries go down well with a foaming glass of Wave Crusader XPA—an extra pale ale that has tasting notes somewhere between a British pale ale and an American IPA.

**See:** Head to Garry Point Park at the western edge of Steveston for grand views onto the Fraser River and Strait of Georgia afloat with fishing boats, tugs pulling barges and sailboats. Families picnic under the trees while youngsters play along the shore. But the highlight is dozens of dragons, airplanes and diamonds attached to long strings looping through the sky overhead. You may even see a person on a threewheeled buggy whizzing about the park pulled by a kite.

**Sleep:** A short drive to the River Rock Casino Resort, western Canada's only four-diamond casino resort, is well worth it. Luxury suites and guest rooms will make your stay relaxing and comfortable. In addition to gambling, the resort offers a theatre, where many top entertainers appear, an indoor swimming pool, a fitness centre and an award-winning spa. The cuisine is superb with a number of restaurants, a food court and lounge.

**Do:** Hop on a bicycle and explore Steveston and the surroundings. Being almost perfectly flat, the area is ideal for easy biking. And there's lots to see with many trails, including the oceanside West and South Dyke paths. A good destination is the historic London Heritage Farm to the east, where you can enjoy tea in the beautifully restored 1890s farmhouse surrounded by gracious gardens and displays of antique farm implements.









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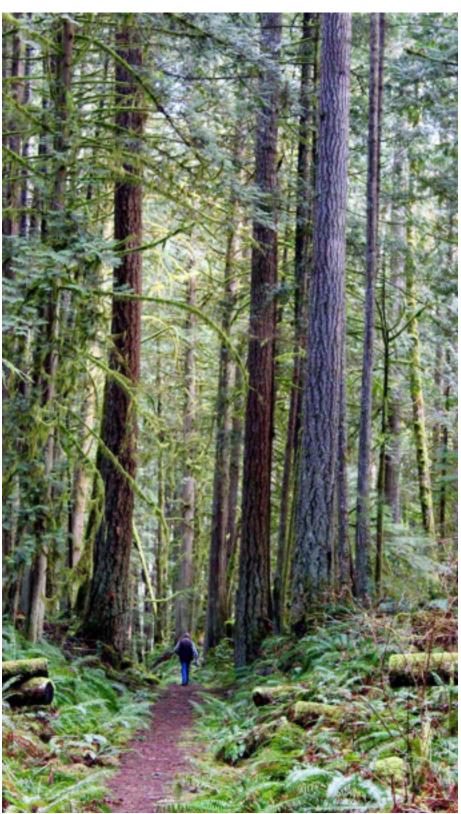
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## Get active. Enjoy art. Relax. Refuel.



## Choose your way to experience **Powell River**

By Amy Attas, westcoasttraveller.com

f you access Powell River by car, it's a long, slow journey up the Sunshine Coast. You can drive north from Vancouver, catch a one-hour ferry, drive for an hour, catch another one-hour ferry and drive 30 more minutes to reach the heart of town. You can also drive up from Vancouver Island and take the hour-and-a-half ferry from Comox to Powell River. Either way, it's a big effort that makes a weekend trip feel like a lot of work.

Or you can fly. Pacific Coastal Airlines offers daily flights from Vancouver, getting you to your vacation in a no-sweat half-hour. Then the only question is: what will you do when you get there?

## Get active in the great outdoors

The Sunshine Coast is both gorgeous and sparsely populated, making it an outdoor adventurer's dream. Connect with Terracentric Adventures for guided hikes, tours and rentals. Lund Water Taxi and Sunshine Coast Shuttle offer transportation to the many trailheads, as well as various other services.

Here are some options certain to stoke your spirit of adventure:

**Hike:** The Sunshine Coast Trail is Canada's only hut-to-hut hiking trail, and the only free one. Stretching 180 kilometres from Sarah Point in Deso-

## Pacific Coastal Airlines offers daily flights from Vancouver, getting you to your vacation in a no-sweat half-hour. Then the only question is: what will you do when you get there?

lation Sound to Saltery Bay, the trail connects some of the region's last remaining stands of old growth forest, mountain peaks, ocean and lakes. Walk the entire trail from north to south, or take advantage of the many vehicle access points and dip in for a day hike. Start planning at sunshinecoast-trail.com.

Paddle: The Powell Forest Canoe Route connects eight lakes on an "almost" circle route that includes five portages and takes roughly five days. Tackle the entire route, or enjoy a day or weekend paddle on this beautiful chain of lakes that's serene without being extremely remote.

Cycle: The Qathet Regional Cycling Association builds and maintains an amazing trail system on the traditional lands of the Tla'amin Nation. Learn more at bikepowellriver.ca and explore maps on the Trailforks app.

Climb: The remote Eldred Valley offers giant granite walls that rival Squa-

mish and Yosemite for outdoor adventurers. When it's raining, the Powell River Climbing Co-op operates a memberowned, non-profit, cooperative indoor climbing gym in the Townsite Market, featuring bouldering and top-roping.

**Dive:** As they say at Salish Sea Dive, "Being in Powell River and not diving is like being in Disneyland and not going on the rides!" Mermaid Cove is perfect for all skill levels, with a spellbinding Emerald Princess statue underwater. The Hulks are a series of concrete ships serving as a breakwater for the historic Townsite, and there's plenty more to explore.

#### Immerse yourself in the arts

Powell River Film Festival: Just before spring has sprung, locals gather in the historic Patricia Theatre for the Powell River Film Festival. You'll find a carefully curated list of Oscar-contenders, culturally relevant documentaries and locally made films, plus a selection of shorts. The festival happens annually at the beginning of March.

Gallery hopping: Start at the qathet ART Centre and then make your way to Townsite Market, where you'll find artists and artisans at work. You'll also notice the works of local artists prominently featured in many restaurants—some are internationally renowned and some are lesser-known. but all are supported by the community. The gathet Studio Tour takes place every year in late August.

Music festivals: Every June an 80-piece symphony assembles by the sea, featuring world-renowned guest artists and top international music students. During the PRISMA Festival, enjoy daily classical music performances and masterclasses, plus the family-friendly PRISMA On The Beach celebration. In early April, you'll find the Townsite Jazz Festival in various historic venues, and on Labour Day weekend you can check out the Sunshine Music Festival for folk music from around the world at Palm Beach Park.

#### Relax, reboot and refuel

**Retreat:** Powell River boasts a wide range of boutique accommodation and vacation rentals. Escape your daily routine at Beyond Bliss Spa & Suites, offering luxurious one-bedroom suites with ocean views, full kitchens, jetted tubs and private balconies. Downstairs, rejuvenate at the spa with massage, manicures and a variety of facial treatments. For a different kind of escape. visit the Old Courthouse Inn where you can sleep in the sheriff's former office and enjoy complimentary breakfast at Edie Rae's Café.

**Refuel:** Fine dining isn't just for city folk—you'll find exquisite cocktails, craft beer and flavourful cuisine in abundance in Powell River. Sip a Powell Riviera cocktail (a Mai Tai with Havana Club white and dark rum, orange and almond plus fresh lime) at Coastal Cookery while enjoying the explosion of fresh flavours in the Ahi Tuna Stack. Taste a flight at bustling Townsite Brewery (which also makes deliciously drinkable non-alcoholic kombucha), and snack on gluten-free, free-range chicken from That Chicken Place next door 🔐









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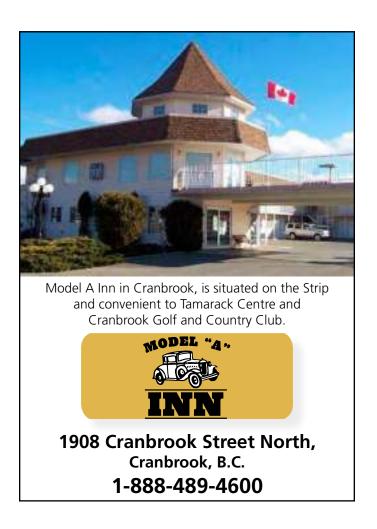
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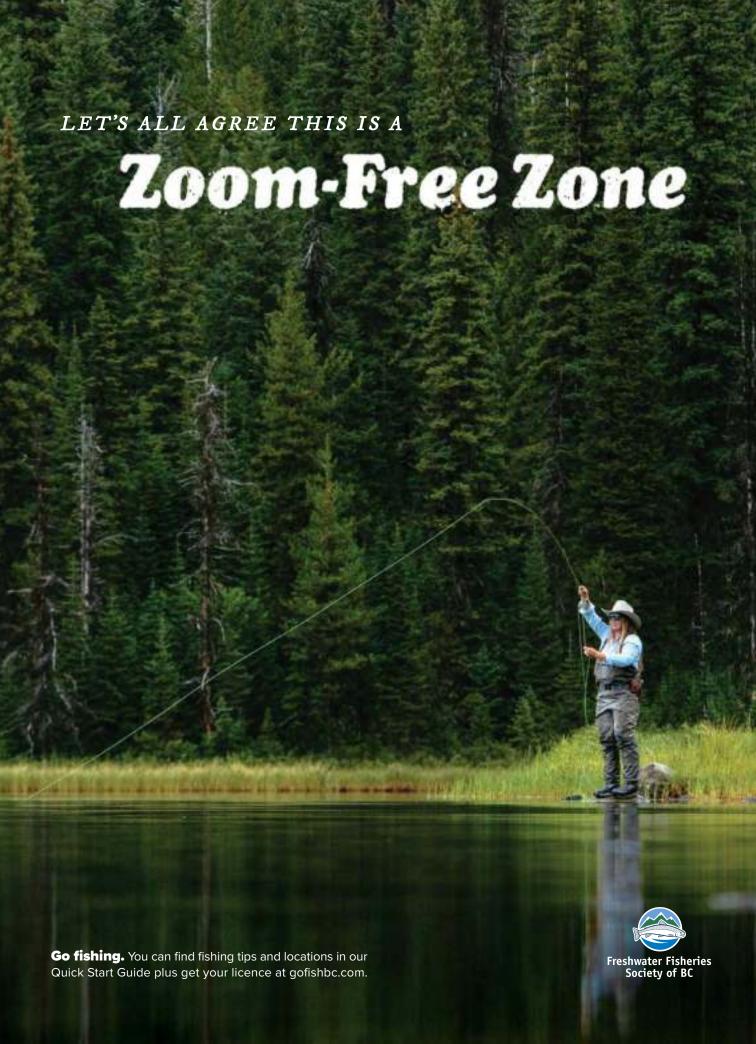
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